

Zabłocka iodine- bromine thermal Salt

Besides its cosmetic and beauty care properties, Zabłocka iodine- bromine thermal salt is used in the treatment of the following ailments:

RHEUMATIC AND NEUROLOGICAL AILMENTS

slipped disc, degenerations of joints and spine, rheumatoid arthritis, nerve rootlets, post-traumatic locomotor system diseases.

GYNAECOLOGICAL AILMENTS

chronic inflammation of the appendages, postoperative infiltrates, climacteric syndrome, genital herpes, not holding urine, pre-menstrual syndrome.

DERMATOLOGICAL AILMENTS

psoriasis, atopic dermatitis, acne, ichthyosis, allergies, dermatoses, cellulite, excessive sweating, fungal infections of skin, genital and feet.

LARYNGOLOGICAL AILMENTS

tonsillitis, angina, sinusitis, inflammation of trachea.

RESPIRATORY TRACK AILMENTS

rhinitis, bronchitis, emphysema, pneumoconiosis, asthma, allergies, colds and influenza.

AND ALSO IN:

sleep disorders, stress, body fatigue, recovery after exercise, convalescence, supplementing iodine deficiency, weight loss, warming and quenching baths, as well as for better blood circulation and skin firming.

INSTRUCTIONS FOR THE BATH USE:

COSMETIC BATH: Use a handful of salt. This amount will soften the water, ensure its proper Ph and enrich its mineralization.

MINERAL BATH: Put 200 g of salt into the bathtub. Such mineral bath will moisturize, nurture, smooth and firm your skin.

THERAPEUTIC BATH: The bath should last from 10 to 20 minutes (gradually extended). The water should have 36 - 38° C. Best to take such bath in the evening before going to bed in a series of 10 performed every two days two times per year or once during acute ailments. It is recommended to use solutions having a concentration of 1 to max. 5%.

